

Garlic

Suggested varieties: *Printanor*, *Thermidrome*

Vegetable

PLANT



Plant individual bulb segments ('cloves') 10cm apart in rows 20cm apart. Plant upright, 2.5cm deep in heavy clay soil; up to 10cm deep in sandy soil

GROW



Autumn planting produces higher yields as plants need one or two months at 0-10°C. Remove weeds carefully. Water fortnightly in dry weather

EAT



Dig up plants when the first six leaves have turned yellow. Handle carefully to avoid bruising. Dry in the sun or an airy shed

Growing guide

Easy!

Average time to harvest

From 20 weeks

Equipment needed

Airy shed

Germination time

Cloves sprout in two weeks

Average plant size

30cm tall, 5-10cm wide

Family group to grow with

Alliaceae: leek, onion

Seed saving group

5 - Specialist or not applicable

Key nutritional content

Fibre, vitamin C, protein, iron, zinc

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest



Use cloche

2.5cm = 1 inch 30 cm = 1 foot

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